

THE MOST HOLY TRINITY, CYCLE A, MAY 31, 2026

First reading: (Exodus 34:4b-6,8-9) Moses pleads for God's mercy on Mount Sinai.

Second reading: (2 Corinth 13:11-13) St Paul urges all to live in peace with others and with God.

Gospel of John: (3:16-18) God sent his Son into the world to save the world.

Today we celebrate the central mystery of our Christian Faith. We celebrate the nature and action of God, who reveals himself in three persons: God the Father, Jesus Christ the Son, and the Holy Spirit. God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it. This is not a puzzle to be solved, but a revelation of who God truly is. We believe in this mystery because Jesus, who is God, taught it clearly in the gospels, the Evangelists recorded it, the Fathers of the Church tried to explain it, and the Councils of Nicaea (AD 325) and Constantinople defined it as a dogma of Christian Faith. Faith in the Holy Trinity is a sign of the work of the Holy Spirit in our lives.

The importance of Holy Trinity in Christian life:

1. All prayers in the Church begin in the Name of the Holy Trinity and end glorifying the Trinity.
2. All Sacraments are administered (we are baptized, confirmed, anointed, our sins are forgiven, our marriage is blessed, and our Bishops, Priests and Deacons are ordained) in the name of the Holy Trinity.
3. We bless ourselves, and the Priest blesses us, in the Name of the Holy Trinity.

This mystery is not just about God; it is also about us. If we are created in the image and likeness of God who is love, and if God is a communion of persons, then we too are created for communion and relationship. We are not meant to live in isolation or selfishness, or to create a community filled with division and hatred. We are called to live in relationships marked by love, unity, and self-giving.

This celebration has implications for our families and communities. The family is often called the domestic church because it reflects something of the life of the Trinity. Just as the Father, Son, and Holy Spirit live in perfect unity, so husbands, wives, children, and relatives are called to live in mutual love and respect for. Whenever forgiveness triumphs over resentment, whenever generosity overcomes selfishness, and whenever unity prevails over division, the life of the Trinity is made visible in the world. Pope Benedict XVI echoed this truth when he wrote in *Deus Caritas Est* that "God is love." Therefore, the closer we draw to God, the more we must grow in love.

The Holy Trinity gives us hope. We were not created simply to exist on earth for a few years and then disappear. We were created to share forever in the life of the Trinity in eternal love. Saint Thomas Aquinas taught that the ultimate destiny of every believer is to enter into the very life of God. Heaven is nothing less than eternal communion with the Father, the Son, and the Holy Spirit.

Questions for reflection:

- How does my family reflect the love and unity of the Holy Trinity?
- My biological family (Ezeihuaku) is still working on this challenge.
- How can St. Pius X community better reflect the love of the Holy Trinity?
- How does my relationship reveal the mercy, generosity, and self-giving that characterize the life of God?

Friends, the mystery we celebrate today is meant to transform the way we live loving God above all things and our neighbors as ourselves. All families, communities, associations, organizations, and nations are invited today to walk in the way of the Trinity, and to experience love and blessings. The way of the Trinity is the best and only way to go!

PRAYER:

May the Father who created us continue to guide us. May the Son who redeemed us continue to save us. May the Holy Spirit who sanctifies us continue to dwell within us. And may our lives become a living reflection of the communion of love that is the Most Holy Trinity. Amen.

Fr. Martin Ezeihuaku, MSP